



TUBI OYSTON
Consultant

Professional experience

Tubi recently joined *Interaction* following a successful 25-year career in the health industry where she worked as a wellness and training consultant, practitioner and registered nurse. During this time, she worked across the public, private and not-for-profit sectors with individuals, groups and practitioners.

As a wellness consultant, Tubi managed two roles, both clinical and business management. This involved the creation of innovative health and wellbeing programs, and contributing to the development and management of business operations during the start-up phase.

In the not-for-profit sector, Tubi provided nationally standardised and internationally recognised training programs to qualified practitioners seeking post-graduate training to work safely with people with a diagnosis or history of cancer.

In her previous career, Tubi worked as a registered nurse in critical care within the public and private health systems. Towards the end of her nursing career, she worked autonomously managing patient care using rural guidelines of extended scope of practice to provide patients' best health outcomes and peace of mind.

Consulting expertise

Tubi is deeply committed to wellbeing and self-responsibility. She has exceptional people skills developed in challenging environments and a refined ability to identify key issues and assist people to take appropriate action.

Over the last 10-years, Tubi developed and provided training facilitation for health care consumers, trained therapists and nursing students. She also presents information forums across the health sector and has provided health and professional coaching and mentoring to the general public and trained professionals.

Her areas of specialisation include:

- health and wellbeing coaching
- professional development
- presentation and facilitation
- behavioural insights and design thinking.

"Do the best you can until you know better. Then when you know better, do better." Maya Angelou

Professional qualifications

- Graduate Diploma of Wellness
- Graduate Diploma of Nursing, Clinical Nursing Emergency Stream
- Diploma of Bowen Therapy
- Bachelor of Nursing
- Oncology Massage Teacher Training Program
- Oncology Massage Training
- Certificate IV in Training and Assessment