

Real people. Real change. Real impact.

Strategy, Capability and Change

Our clients trust us to help them lead with clarity, purpose and courage



INTERACTION

Who we are

We're here for the people who do the hard stuff.

Interaction is a proudly female-led, values-driven consultancy and Registered Training Organisation with more than 30 years' experience helping organisations lead, evolve, and thrive.

At Interaction, we are driven by a desire to make a positive difference in this world and we seek to build ongoing and meaningful connections with our clients.

Founded in Canberra ACT and Helensburgh NSW, we work across Australia and beyond to build strategy, capability and confidence in complex, high-stakes environments, from building impactful decision making skills, cultural change, enhancing performance, leading with purpose and

Our solutions are bespoke. We take the time to get to know you so that we can tailor a solution that we are confident will be fit for purpose and provide you with a significant return on investment.

Strategy - We help you choose what to do, what not to do, and when, in response to an often dynamic and unpredictable business landscape.

Capability - We build the skills, knowledge, behaviour, mindset and confidence that will help you realise your business goals.

Change + Transformation - We help you to determine if change is needed or feasible. We show you how to change, and then we bring your transformation to life.

"The most powerful thing you can build in an organisation isn't a plan, it's the belief that people can adapt with courage and resilience, lead with clarity and purpose and be supported in enabling change that matters.

After that, the rest follows."

Brigid Hardy, Company Director, Interaction Consulting Group

We specialise in three areas

Strategy. Capability. Change

Strategy and advisory

- Strategic, team and business planning
- Organisational reviews and design
- Role evaluations
- Co-design and facilitation
- Reviews and evaluations

Capability development

- Leadership and management training
- Tailored learning programs
- Nationally-recognised qualifications
- Strengths-based, neuroscience informed development
- Self-paced learning

Coaching and change

- Executive and group coaching (ICF-aligned)
- Diagnostic instruments
- Behavioural and cultural change
- Change management and team development and alignment
- Accredited coaching certification (coming soon)



Why work with us

We don't just deliver. We partner.

Our clients keep choosing us for the following reasons.

- Real people. Real change. Real impact.
- A focus on client satisfaction driven by ICG HQ, our Centre of Excellence.
- Pragmatic, thoughtful and human-centred approach.
- Supported by a community of experts in their fields.
- Bespoke solutions from a boutique provider.
- Learning and coaching grounded in science.
- Facilitators of change and capability developed with real-world leadership experience.
- Commitment to integrity, ethical practice and First Nations reconciliation.

"With Interaction, you get calm, capable allies who understand your world and help you lead through complexity."



We are values-driven.



We believe capability is more than a skill. It includes confidence, resilience, wellbeing and the courage to lead well.

That's what Interaction helps to build.

Let's talk about what's possible.



Interaction is located in Canberra ACT
and Helensburgh NSW.



30+ years in
business

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